

Subject: Handwriting Recovery Program – At-Home Success Plan

Kia ora,

Your child has been selected to participate in the **Handwriting Recovery Program**, an engaging and proven system that rebuilds handwriting fluency through **metacognitive muscle-memory training**. This program is designed so that with consistency, your child can develop **neat, confident handwriting that supports stronger learning across every subject**.

For this program to work effectively at home, we ask that you support your child by:

♦ **1. Reading the first section of the workbook**

The opening pages explain **how the program works, why it's effective, and what your child will be training their muscles to do**. Understanding this together is key — when students know *why* they are doing it, motivation increases and progress comes quickly.

♦ **2. Ensuring correct writing mechanics**

Before missions begin, the workbook shows how to hold a pen or pencil correctly, how the hand should move, posture, pressure and speed.

Please help your child form these habits — **mechanics must be correct for muscle-memory to develop**.

♦ **3. Making practice consistent — ideally daily**

Short, repeatable handwriting missions are the engine of improvement.

The best results come when handwriting practice becomes a **daily habit**, even for just 10–15 minutes.

A simple and effective routine is:

Complete one mission before gaming, phone time, or another privilege.

This helps create momentum, ownership and accountability — and students quickly become proud of their progress.

What results should we expect?

With consistent use, families typically see changes in:

- ✓ speed and neatness
- ✓ stamina for writing

- ✓ confidence with written tasks
- ✓ willingness to write instead of avoid it

Many parents describe it as **a turning point in their child's learning journey** — because when handwriting stops being a barrier, students begin to express their thinking more freely, complete work faster, and feel successful.

Your role matters

With your encouragement, structure, and consistency, this program has the power to be **life-changing** for your child's ability to learn, complete work independently, and communicate with confidence.

If you have any questions along the way, please reach out — we're here to support both you and your child through the process.

Ngā mihi,

The Handwriting Recovery Program Team